



CHAMPION ATHLETICS

SESSION 1 CLASSES

12 weeks of Classes | August 8th - October 28th
Closed Labor Day September 5th (Makeup on September 6th)

Enrollment includes performance in the "Showcase of Shining Stars" on October 29th!

MONDAY

- 10-10:30am Parent & Me (walking-3yrs)
- 10:30-11:15am Champs Gymnastics (3-5yrs)
- 11:15am-12pm Pre-K Open Play (walking-5yrs)
- 2-3pm Homeschool Open Play (5yrs & up)
- 4:45-5:30pm Champs Gymnastics (3-5yrs)
- 4:45-5:30pm Ninja Champs (3-5yrs)
- 5:30-6pm Parent & Me (Walking-3yrs)
- 5:30-6:30pm Jr Ninja Warrior (6-8yrs)
- 5:30-6:30pm I want a Back Handspring! (6yrs+)
- 6-6:45pm Champs Gymnastics (3-5yrs)
- 6:30-7:30pm Ninja Warrior (9yrs+)
- 6:45-7:30pm Advanced Champs (3-5yrs w/experience)
- 6:30-7:30pm Vanoss Cheer
- 6:30-7:30pm Open Gym - \$5 for hour/no coach

PRIVATE LESSONS

Available Monday - Thursdays

One on one training in:

Gymnastics

Cheerleading

Power Tumbling & Ninja Warrior!

Book with a friend and save!!

Email us to Book:

adachampionathletics@gmail.com

TUESDAY

- 4-5:30pm AAU Competitive Gymnastics (5yrs & up)
- 4:30-5:30pm Cartwheels/Walkovers/Handstands (6yrs+)
- 4:30-5:30pm Beginner Gymnastics & Tumbling (6yrs+)
- 5:30-6pm Parent & Me (walking-3yrs)
- 5:30-6:30pm Beginners Gymnastics (6yrs+)
- 5:30-6:30pm Intermediate Gymnastics (6yrs+)
- 5:30-6:30pm Jr Ninja Warrior (6-8yrs)
- 6-6:45pm Champs Gymnastics (3-5yrs)
- 6:30-7:30pm Ninja Warrior (9yrs+)
- 6:45-7:30pm CHEERNastics (4-6yrs)
- 6:30-7:30pm Open Gym - \$5 for hour/no coach

THURSDAY

- 4:00-5:30pm AAU Competitive Gymnastics (5yrs & up)
- 4:30-5:30pm Byng Cheer
- 4:45-5:30pm Champs Gymnastics (3-5yrs)
- 5:30-6:30pm Beginners Gymnastics & Tumbling (6yrs+)
- 5:30-6:30pm High Flyers Level 1 (5yrs+/no back handspring)
- 5:30-6pm Parent & Me (walking-3yrs)
- 5:45-6:30pm Ninja Champs (3-5yrs)
- 6-6:45pm Champs Gymnastics (3-5yrs)
- 6:30-7:30pm Jr Ninja Warrior (6-8yrs)
- 6:30-7:30pm High Flyers Level 2 (6yrs+ w/back handspring)
- 6:45-7:30pm Advanced Champs (3-5yrs with experience)
- 6:30-7:30pm Open Gym - \$5 for hour/no coach

ENROLL IN CLASSES NOW!
CHAMPIONATHLETICS.NET

ASK ABOUT OUR BIRTHDAY PARTIES!

Must PRE-PAY to get a Spot!

Champion Athletics • 1415 Hoppe Blvd, Ada OK

www.championathletics.net

