



Champion Athletics

6 Week Summer Session - June 1st - July 12th

PARENT & ME (WALKING-3YRS)

Monday at 5:30-6:00pm
Wednesday at 10:00-10:30am
Thursday at 5:30-6:00pm

CHAMPS GYMNASTICS (3-5YRS)

Monday at 4:45-5:30pm
Monday at 6:00-6:45pm
Tuesday at 4:45-5:30pm
Tuesday at 6:00-6:45pm
Wednesday at 10:30-11:15am
Thursday at 4:45-5:30pm
Thursday at 6:00-6:45pm

MIGHTY NINJA (4-8YRS)

Tuesday at 5:30-6:15pm

AAU GYMNASTICS TEAM (5YS+)

Bronze Team on
Wednesday & Thursday at 4:00-5:30pm

Silver Team on
Monday & Tuesday at 5:30-7:30pm

Gold & Platinum Team on
Monday & Tuesday at 4:00-6:30pm

WANT TO JOIN OUR TEAM NEXT SEASON?
TEAM TRYOUTS MAY 13TH 4-5PM
PARENT MEETING 5-5:30PM
GIRLS AGES 5YRS+ WELCOME, EVERYONE MAKES A TEAM!

BEGINNERS GYMNASTICS & TUMBLING (5YRS+)

Monday at 3:45-4:45pm
Monday at 6:45-7:45pm
Tuesday at 3:45-4:45pm
Tuesday at 6:45-7:45pm
Friday at 5:00-6:00pm

INTERMEDIATE GYMNASTICS & TUMBLING (6YRS+)

Monday at 5:00-6:00pm
Tuesday at 5:00-6:00pm

BEGINNERS TUMBLING (5YRS+)

Thursday at 6:30-7:30pm

INTERMEDIATE-ADVANCED TUMBLING (6YRS+)

Thursday at 5:30-6:30pm

BACK HANDSPRING PLUS (6YRS+)

Friday at 4:00-5:00pm

OPEN GYM (\$5 A VISIT)

Ages 6yrs+: Thurs at 6-7pm
Preschool w/Parent: Tues at 4-4:45pm
in Preschool Gym

ENROLL NOW: CHAMPIONATHLETICS.NET

EMAIL US AT adachampionathletics@gmail.com to book PRIVATE LESSONS!

Find all our Summer Day Camps & Skill Clinics online!

CELEBRATE YOUR CHILD'S BIRTHDAY WITH US FOR THE BEST PARTIES IN TOWN!